SHE TIPS



Do you know what to do in an earthquake?

You must have watched or been invited to a drill, and been made aware of the appropriate protection plans. But it can't be emphasised enough where you should and shouldn't be if there's an earthquake while you're at work.





Safest places:

- · Doorways, preferably in load-bearing walls
- The corners of rooms
- Under tables or other sturdy surfaces

Places most at risk:

- Lifts
- · Near windows, mirrors and chimneys
- In the middle of a room
- · By exits

Always remember! Wherever you are, remember to have an emergency kit handy at all times.

- Battery torch
- Battery-powered portable radio
- Spare batteries
- First-aid kit
- Most needed medicines

source: Daretoprepare.org. Earthquakecountru.info

