

For your safety

Did you know that falls, slips and trips remain the cause of most workplace accidents? There are 1,001 ways to fall, slip or trip when you least expect it, so you always need to take care. You should follow this basic advice for your own safety!



- Never leave cables or wires trailing across the floor or drawers open, even for a short while.
- Take care while inside a building when your footwear is wet. Wet floors and soles increase the risk of falling.
- Use the handrail when going up and down stairs, and never go down stairs two steps at a time.
- Get into the habit of switching on the light before entering a room where you cannot see what is inside.
- High heels increase the risk of accidents. If you do wear high heels, a basic trick is to take small steps, since the contact with the floor decreases as the stride length increases, thus raising the risk of an accident.

