

# Plastic: when less is more!

Do you know that about 300 million tons of plastic is produced globally each year and only about 10 percent of that is recycled? Of the plastic that is simply trashed, an estimated seven million tons ends up in the sea each year.

Luckily, there are simple steps you can take at workplace that will contribute to decrease the amount of plastic waste you generate.

1. Avoid using plastic straws
2. Use reusable bags
3. Use a reusable glass, cup or mug
4. Use a reusable water bottle
5. Pack your lunch in reusable containers

Source: Green Education Foundation

